



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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@sacredheartcalgary

OCTOBER 2024

Pastor: Fr. Arjay Abanto
Administrative Assistant: Ingrid Trewin
Columbarium Manager: Ingrid Trewin
Hospitality Desk: Leslie Trainor
Housekeeper: Janette Ramirez

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

“Not to Be Served but to Serve”

Fr. Rowel Jose (Arjay) Abanto

Who doesn't want to be first, and to be esteemed and honored by others? We seem to have an unquenchable thirst for recognition and fame, power and authority to rule our own lives as we please as well as the lives of others. This weekend Sunday Gospel, James and John, the sons of Zebedee, urged their mother to strike a deal with Jesus, their Master and Messiah. They wanted the distinction of being first and most important in position, next to Jesus, of course! When Jesus called the twelve apostles to be his inner circle of disciples who would teach and exercise spiritual authority on his behalf, he did the unthinkable! Jesus taught contrary to the world's understanding of power, authority, and position, by reversing the order of master and servant, lord and subject, first and last! Jesus wedded authority with love, position with sacrifice, and service with humility. Authority without love is over-bearing and slavish. Position without respect and concern for the subordinate is demeaning and rude. And service without generosity and sacrifice is cheap and unkind. Those who wish to serve with the Lord Jesus and to exercise authority in God's kingdom must be prepared to sacrifice - not just some of their time, money, and resources - but their whole lives and all that they possess! Jesus used stark language to explain what kind of sacrifice he had in mind. His disciples must drink his cup if they expect to reign with him in his kingdom. The cup he had in mind was a bitter one involving crucifixion. For some disciples such a cup entails physical suffering and the painful struggle of martyrdom. But for many, it entails the long routine of the Christian life, with all its daily sacrifices, disappointments, set-backs, struggles, and temptations. What's Christ's way of love and service? A disciple of Jesus must be ready to lay down his or her life - each and every day in the little and big sacrifices required - and even to the point of shedding one's blood if necessary for the sake of Christ and his Gospel. We share in God's reign by laying down our lives in humble service and love for one another, just as Jesus did for our sake. We are called to lay down our life and serve others as Jesus has taught and modeled for us.

Let us also pray for our teachers and staff, students and parents, as we celebrate this Sunday October 20th the Catholic Education Sunday and be grateful for the opportunity to provide faith-based education to more than a hundred thousand plus students in Alberta.

Ad Maiorem Dei Gloriam! For the greater glory of God!

Pastoral Care At Sacred Heart And Beyond

Called to Serve

All Saints Day Pastoral Care Gathering

Friday, November 1st | 6:30 - 9 PM

Sometimes, the Holy Spirit calls us in unexpected ways. One of our parishioners, a husband and father, recounts a profound experience from the early 1970s. After a skiing accident, he was hospitalized at Foothills Medical Centre. There, he was visited by a compassionate nun who brought him Holy Communion. Her kindness inspired him, and he asked if he and his wife could assist her in serving the Eucharist to other patients.

“Return when you’re fully recovered,” she replied.

Months later, the couple returned to Foothills on a Sunday morning. To their surprise, the nun greeted them with disbelief. “Many people have promised to help,” she said, “but none have followed through.”

This parish member and his wife have since dedicated over four decades to serving the Pastoral Care ministry. We are grateful to be able to reciprocate their generosity by bringing them Holy Communion each week.



Are you feeling inspired to serve others?

On All Saints’ Day, November 1st, Father Arjay and our Pastoral Care Team will host a presentation titled “Called to Serve.” Learn about the various pastoral care services available to you and your loved ones, and discover how you can make a difference in the lives of those who need support. Whether they are home bound, in long-term care, or in hospital, your compassion can be a source of comfort and strength.

Let's fulfill the Corporal Works of Mercy together.

Guest Speakers:

- Fr. Arjay Abanto: Sacraments and the Home bound
- Fr. Mario Basque: Spiritual Graces and Pastoral Care Access

Reserve your Spot 



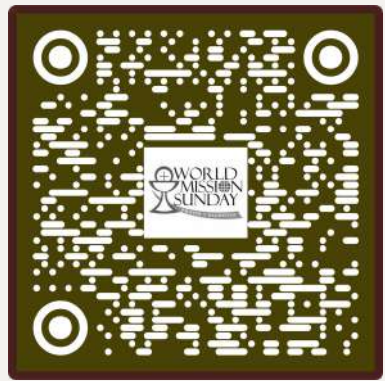


World Mission SUNDAY

MISSIONARY MONTH OF OCTOBER

Your prayer and donations will assist churches, hospitals, schools, and the training of priests in mission dioceses & throughout the world.

PRAY & GIVE GENEROUSLY



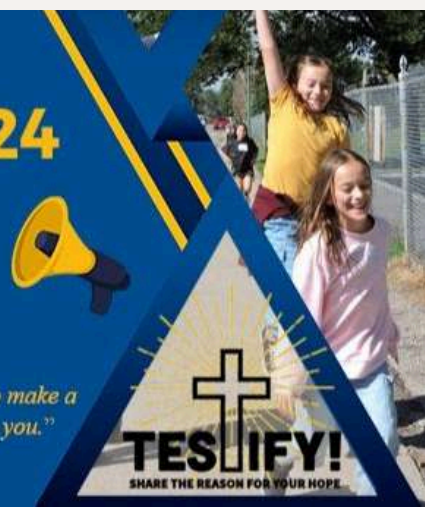
catholiccyyc.ca/worldmissionsunday.html

Catholic Education Week 2024

October 19-25

"But in your hearts reverence Christ as Lord. Always be prepared to make a defense to anyone who calls you to account for the hope that is in you."

1 Peter 3:15



ONLINE

Career Opportunity

Sacrament Preparation & Volunteer Screening Coordinator

Sacred Heart Parish is seeking a full-time coordinator to:

- Manage volunteer screening & sacramental preparation.
- Assist the pastor & staff.

Responsibilities:

- Sacramental prep: recruit, train, schedule volunteers.
- Volunteer screening: ensure compliance, manage records.
- Admin support: reception, supplies, website updates.

Qualifications:

- HS diploma + admin diploma/cert (religious education/theology preferred).
- Admin/clerical experience with computer skills.
- Excellent customer service, organization, time management.
- Attention to detail, independent & collaborative work.
- Familiarity with the Diocese, positive, energetic attitude.
- Safe Environment: Required training & code of conduct.

Hours: Mon-Fri, 8:30-4:30 pm (1-hour unpaid break).
Apply online only. Resumes not accepted at the parish office.

catholiccyyc.ca/careers

