



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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SEPTEMBER 2024

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments Coordinator: Ingrid Trewin
Volunteer Coordinator: Ingrid Trewin
Housekeeper: Janette Ramirez

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

“Ephphatha! Be Opened!”

Fr. Rowel Jose (Arjay) Abanto

How do you expect the Lord to treat you when you ask for his help? Do you approach with fear and doubt, or with faith and confidence? Jesus never turned anyone aside who approached him with sincerity and trust. And whatever Jesus did, he did well. He demonstrated both the beauty and goodness of God in his actions.”

This Sunday Gospel (23rd Sunday in Ordinary Time), we see Jesus dealing with the man who was deaf and mute, and we can receive many insights for our own life from contemplating the scene. Firstly, we are reminded that the man was brought to Jesus by others who implored Jesus to lay his hand on him. There are times when we cannot help ourselves and we need others to bring us to Jesus. When we come across people who are hurting and helpless, we need to bring them to Jesus. Secondly, we are told that the man was deaf and also had an impediment in his speech. We might say that we have no such problem, we can hear well, and we have no problem speaking. But have we no problem? Can we really hear? Can we hear what people are trying to say to us? Can we hear what the situation we are in, is saying to us? Can we hear what God is saying to us? In Jesus' response to the man who was brought for healing, we see the compassionate love and care of Jesus for him and for all who need his healing touch. The gospel tells us that Jesus took him aside from the crowd. He deals with him on a personal level on a one-to-one basis. Jesus spends time alone with him and touches him putting his fingers into his ears and spittle on his tongue. Jesus could have healed him from a distance, but he draws close to him and gets involved with him and touches him and looking up to heaven, as if to remind all that His power comes from on high, He says: "Be opened!", and the man was healed, and he could hear and speak. He ordered the crowd to tell no one about it because he does not want them to come to him just to witness miracles but to come with faith for the touch of love, the touch of the Master's Hand, that is often felt in hidden, unobtrusive yet loving ways. The people's response to this miracle testifies to Jesus' great care for others: *He has done all things well*. No problem or burden was too much for Jesus' careful consideration. The Lord treats each of us with kindness and compassion and he calls us to treat one another in like manner. The Holy Spirit who dwells within us enables us to love as Jesus loves. Our challenge and question we can address this week: Do I show kindness and compassion to my neighbors, and do I treat them with considerateness as Jesus did?

Ad Maiorem Dei Gloriam! For the greater glory of God!



Events & Opportunities at Sacred Heart

Sacramental Registration is Now Open!



Families of children who are ready to receive the sacraments of First Eucharist and First Reconciliation are invited to register.

Register 



Visit: sacredheartcalgary.ca/sacraments



Chat & Play Group

Wednesdays, 9:30 AM - 11:00 AM Starting September 18th

For Moms, Aunties, Caregivers, Grandmas, Babysitters, and their Children

Join us for coffee, chat, and fun in the lower hall.

Enjoy faith-building discussions, prayer, games, and activities for kids.

Location: Lower Hall of the Parish More Info: Contact Sue at 403-966-4625

Extraordinary Ministers of Holy Communion to the Sick and Homebound NEEDED

Bringing the Eucharist to those in Need

“For I was hungry, and you gave me to eat. I was thirsty and you gave me drink...I was sick, and you looked after me.”
(Mt 25:31-40)

What do we do?

Our Extraordinary Ministers to the Homebound bring the Eucharist to Parish members and other Catholics who are unable to attend Mass in person. These are brief but rewarding visits to bring both the healing presence of Jesus in the Eucharist, as well as the prayers and compassion of our parish family into the homes of those in need.

What kind of commitment is involved?

“The Lord loves a cheerful giver.” Whatever time you can give is of value. This is a flexible ministry with flexible hours. Ordinarily, it involves a commitment of no more than a couple hours after Mass on a rotating basis, depending on availability. When going into private homes, you will always be paired with another Extraordinary Minister.

Who do I contact?

Please call Pat Balis, Pastoral Care Team Coordinator, at 368-299-6622.

Deepen your Love.

Experience the great joy of bringing the Body, Blood, Soul and Divinity of Our Lord to those in need within our Parish!



CWL Meeting

All ladies over 16 yrs of age are cordially invited to our first meeting after the summer break on Sunday September 29, 2024 at 12 noon downstairs in Housey Hall.

You do not need to be a CWL member to attend.

Hope to see you there.

For more info, please contact Anna at 587-892-2713.