



# SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



***Follow us!***

@sacredheartcalgary

**AUGUST 2024**

**Pastor: Fr. Arjay Abanto**  
**Administrative Assistant: Beata Banka**  
**Columbarium Manager,**  
**Sacraments Coordinator: Ingrid Trewin**  
**Volunteer Coordinator: Ingrid Trewin**  
**Housekeeper: Janette Ramirez**  
**Hospitality Desk: Carlo Peregrina**

## **MINISTRY LEADERS**

Pastoral Council: Tom Cotter  
Finance Council: Mike Walsh  
Pastoral Health Care: Pat Balis  
Lectors: Kevin McCormack  
Weekday Liturgy: Addie Dedio  
Hospitality: Looking for Volunteer  
Extraordinary Ministers: Rita Shank  
Altar Servers: Karissa Fatura  
RCIA: Margita Tapias, Landon Dolanz  
and Heather Clark (Continuo)  
Hampers Program: Carlos Sousa  
Catholic Women's League: Anna  
Marinelli and Janet MacPhee  
Knights of Columbus: Timothy Dahm  
Building Committee: Terry Allen  
In-Residence: Rev. Mario Basque,  
Rev. Wilbert Chin Jon

## ***Mass Times***

**Saturday: 9:00 am, 5:00 pm**  
**Sunday: 7:30 am, 9:00 am,**  
**11:00 am, 5:00 pm**  
**Mon to Fri: 12:05 pm**

## ***Reconciliation***

**Saturday: 4:00 pm**  
**Tuesdays, Thursdays and**  
**Fridays at 11:15 AM**  
**And by appointment**

## ***Adoration***

**Friday: 12:45 pm**  
**Incense is used.**

## ***Parish Office***

**Mon to Fri: 9:00 a.m. - 3:00 p.m.**  
**1307 14 St SW Calgary AB T3C 1C6**  
**403-244-2741 ext. 101**  
**secretaries@sacredheartcalgary.ca**

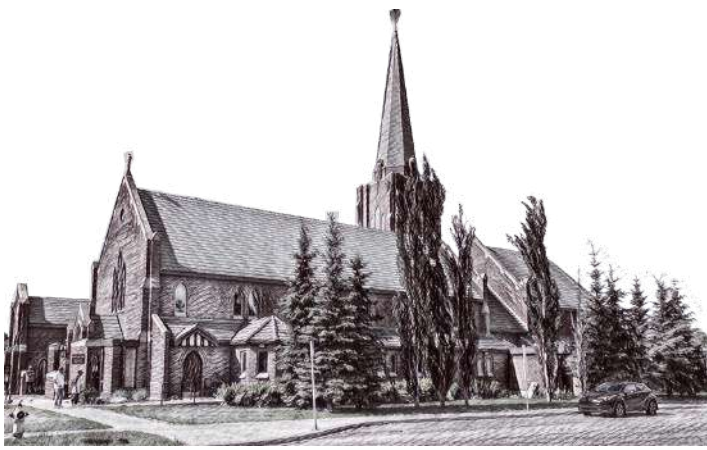
## **“Lord, Give Us This Bread Always”**

Fr. Rowel Jose (Arjay) Abanto

The Jews had always regarded the manna in the wilderness as the bread of God (Psalm 78:24, Exodus 16:15). There was a strong Rabbinic belief that when the Messiah came, he would give manna from heaven. This was the supreme work of Moses. Now the Jewish leaders were demanding that Jesus produce manna from heaven as proof to his claim to be the Messiah. Jesus responds by telling them that it was not Moses who gave the manna, but God. And the manna given to Moses and the people was not the real bread from heaven, but only a symbol of the bread to come. Jesus makes the claim which only God can make: I am the bread of life. The bread which Jesus offers is none else than the very life of God. This is the true bread which can truly satisfy the hunger in our hearts. The manna from heaven prefigured the superabundance of the unique bread of the Eucharist or Lord's Supper which Jesus gave to his disciples on the eve of his sacrifice. Jesus' question to the crowd, and to each one of us as well, echoes the words of the prophet Isaiah: "Why do you spend your money for that which is not bread, and your labor for that which does not satisfy" (Isaiah 55:2)? There are two fundamental types of hunger - physical and spiritual. Only the Lord Jesus can satisfy the deepest hunger in our heart - the hunger for everlasting truth, life, and love. Jesus alone can satisfy our hunger for truth - because in him alone is the Truth which is found in God. Jesus alone can satisfy our hunger for life - because he alone can give us abundant life - the supernatural life of God which transforms us now and lasts forever. Jesus alone can satisfy our deepest hunger for love - the love of God that knows no end, that never fails nor forsakes us, that outlasts sin and death. Jesus alone can satisfy the eternal hunger of our heart, mind, and spirit. So, let us ask Him: Lord, give us this Bread always.

Ad Maiorem Dei Gloriam! For the greater glory of God!

Source: [www.dailyscripture.net](http://www.dailyscripture.net)



# Events at Sacred Heart

## Sacred Heart Charismatic Prayer Group

Sacred Heart Charismatic Prayer Group invites you to grow in faith! We gather for praise, worship, prayer, and support.

Weekly meetings offer:

- Communal Charismatic prayer
- Inspiring Scripture teachings
- Uplifting faith testimonies
- Powerful prayer ministry

Join us Wednesdays 6:30-8:30pm, Lower Hall, Sacred Heart Parish.

For info, contact Maxima Arat (403) 836-6873 or Kanthi Seneviratne (403) 478-6952.



Welcome!

## NEXT SUNDAY



## AUGUST 11th

### Volunteers Needed



## Parish BBQ

August 25th

After the 11AM Mass



# I Am the Bread of Life

"I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."



It couldn't be a simpler statement. Yet, Jesus' words in this passage transcend the mere act of eating. They delve deep into the human soul, addressing a hunger far more profound than physical sustenance. It's a yearning for the divine, a spiritual void that only He can fill.

People sought Jesus initially to satisfy their physical needs. But His response was a revelation. He offered Himself as the ultimate nourishment, the Bread of Life, capable of quenching the deepest thirsts of the human heart. Bread, a universal staple, becomes a

powerful symbol of Jesus' accessibility and abundance.

The Eucharist is the sublime culmination of this promise. Here, Christ offers Himself truly present, Body, Blood, Soul, and Divinity. In this sacred mystery, we encounter the living God, and our souls are transformed. It is the greatest gift, a testament to God's infinite love and mercy.

While the crowds may have sought a miracle worker, they encountered the source of all miracles. Jesus invites us to examine our own spiritual hungers. What do we truly seek? How do we desire Christ to nourish our souls?

He is more than a provider; He is the Giver of Life. He is the Bread of Life, the source of eternal sustenance. In Him, we find not only the fulfillment of our deepest desires but also the path to eternal life.