



SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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JULY 2024

Pastor: Fr. Arjay Abanto
Administrative Assistant: Beata Banka
Columbarium Manager,
Sacraments Coordinator: Ingrid Trewin
Volunteer Coordinator: Ingrid Trewin
Housekeeper: Janette Ramirez
Hospitality Desk: Carlo Peregrina

MINISTRY LEADERS

Pastoral Council: Tom Cotter
Finance Council: Mike Walsh
Pastoral Health Care: Pat Balis
Lectors: Kevin McCormack
Weekday Liturgy: Addie Dedio
Hospitality: Looking for Volunteer
Extraordinary Ministers: Rita Shank
Altar Servers: Karissa Factura
RCIA: Margita Tapias, Landon Dolanz
and Heather Clark (Continuo)
Hampers Program: Carlos Sousa
Catholic Women's League: Anna
Marinelli and Janet MacPhee
Knights of Columbus: Timothy Dahm
Building Committee: Terry Allen
In-Residence: Rev. Mario Basque,
Rev. Wilbert Chin Jon

Mass Times

Saturday: 9:00 am, 5:00 pm
Sunday: 7:30 am, 9:00 am,
11:00 am, 5:00 pm
Mon to Fri: 12:05 pm

Reconciliation

Saturday: 4:00 pm
Tuesdays, Thursdays and
Fridays at 11:15 AM
And by appointment

Adoration

Friday: 12:45 pm
Incense is used.

Parish Office

Mon to Fri: 9:00 a.m. - 3:00 p.m.
1307 14 St SW Calgary AB T3C 1C6
403-244-2741 ext. 101
secretaries@sacredheartcalgary.ca

“The Miraculous Sign of Jesus”

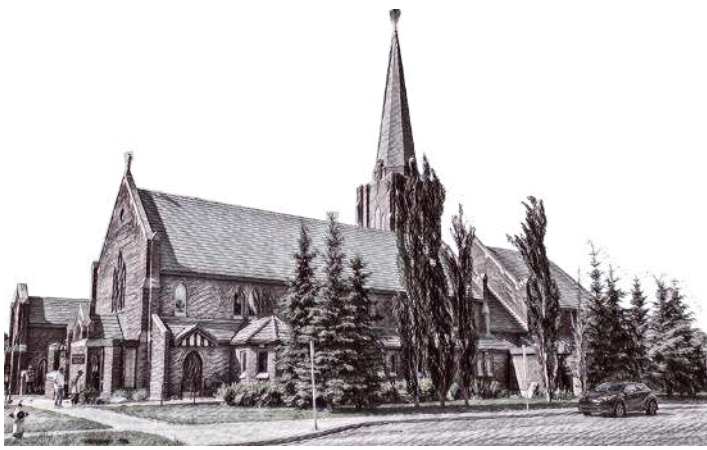
Fr. Rowel Jose (Arjay) Abanto

A great multitude had gathered to hear Jesus, no doubt because they were hungry for the word of life. Jesus' disciples wanted to send them away at the end of the day because they did not have the resources to feed them. They even complained how much money it would take to feed such a large crowd - at least six month's wages! Jesus, the Bread of Life, took the little they had - five loaves and two fish - and giving thanks to his heavenly Father, distributed to all until they were satisfied of their hunger. The miraculous feeding of such a great multitude pointed to God's provision of manna in the wilderness for the people of Israel under Moses' leadership (Exodus 16). This daily provision of food in the barren wilderness foreshadowed the true heavenly bread which Jesus would offer his followers. Jesus makes a claim which only God can make: He is the true bread of heaven that can satisfy the deepest hunger we experience. The sign of the multiplication of the loaves when the Lord says the blessing, breaks, and distributes through his disciples prefigures the superabundance of the unique bread of his Eucharist or Lord's Supper. When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood. This supernatural food is healing for both body and soul and strength for our journey heavenward. Even if we are not worthy to be present and receive Him in the Eucharist, we answered His call to share and dine with Him. He accepted us even if we are sinners and unworthy because He loves us.

Let us pray also for our grandparents and the elderly as we celebrate the World Day for Grandparents and the Elderly. May the Lord protect and strengthen them and may their good works be rewarded.

Ad Maiorem Dei Gloriam! For the Greater Glory of God!

Source: www.dailyscripture.net



Events at Sacred Heart

Sacred Heart Charismatic Prayer Group

Sacred Heart Charismatic Prayer Group invites you to grow in faith! We gather for praise, worship, prayer, and support.

Weekly meetings offer:

- Communal Charismatic prayer
- Inspiring Scripture teachings
- Uplifting faith testimonies
- Powerful prayer ministry

Join us Wednesdays 6:30-8:30pm, Lower Hall, Sacred Heart Parish.

For info, contact Maxima Arat (403) 836-6873 or Kanthi Seneviratne (403) 478-6952.



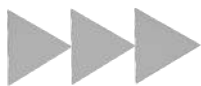
Welcome!

SAVE THE DATE



AUGUST 11th

Volunteers Needed



Parish BBQ

August 25th

After the 11AM Mass



The Miracle of the Loaves and Fishes



The Miracle of the Loaves and the Fishes, 1682 painting by Bartolome Esteban Murillo

The miracle of the loaves and fishes, recounted in all four Gospels, defies human comprehension. Five loaves and two fish feeding five thousand people is impossible by any earthly standard. Yet, Jesus accomplished this extraordinary feat.

This event reveals Jesus' divine nature. While His disciples had witnessed His miraculous power, they hadn't fully grasped His divinity. In contrast to their doubts, Jesus confidently multiplied the food, demonstrating His limitless power as God incarnate.

The prophet Elisha's similar miracle foreshadows Jesus' divine authority. Both instances reveal God's boundless ability to provide.

Jesus' conversation with Philip underscores His divinity. "Anyone who has seen me has seen the Father," He declares. This profound truth offers hope in our challenges. Even when faced with seemingly insurmountable obstacles, God provides a way forward.

The disciples' initial despair mirrors our own uncertainties. Like them, we often doubt God's provision. However, Jesus transforms limitations into abundance. As Psalm 145 assures us, God's hand nourishes and fulfills our needs.

Let us trust in God's unwavering care, confident that He will provide in every circumstance.