



# SACRED HEART

ROMAN CATHOLIC CHURCH | CALGARY

PARISH BULLETIN



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**JULY 2024**

**Pastor: Fr. Arjay Abanto**  
**Administrative Assistant: Beata Banka**  
**Columbarium Manager,**  
**Sacraments Coordinator: Ingrid Trewin**  
**Volunteer Coordinator: Ingrid Trewin**  
**Housekeeper: Janette Ramirez**  
**Hospitality Desk: Carlo Peregrina**

## **MINISTRY LEADERS**

Pastoral Council: Tom Cotter  
Finance Council: Mike Walsh  
Pastoral Health Care: Pat Balis  
Lectors: Kevin McCormack  
Weekday Liturgy: Addie Dedio  
Hospitality: Looking for Volunteer  
Extraordinary Ministers: Rita Shank  
Altar Servers: Karissa Factura  
RCIA: Margita Tapias, Landon Dolanz  
and Heather Clark (Continuo)  
Hampers Program: Carlos Sousa  
Catholic Women's League: Anna  
Marinelli and Janet MacPhee  
Knights of Columbus: Timothy Dahm  
Building Committee: Terry Allen  
In-Residence: Rev. Mario Basque,  
Rev. Wilbert Chin Jon

## ***Mass Times***

**Saturday: 9:00 am, 5:00 pm**  
**Sunday: 7:30 am, 9:00 am,**  
**11:00 am, 5:00 pm**  
**Mon to Fri: 12:05 pm**

## ***Reconciliation***

**Saturday: 4:00 pm**  
**Tuesdays, Thursdays and**  
**Fridays at 11:15 AM**  
**And by appointment**

## ***Adoration***

**Friday: 12:45 pm**  
**Incense is used.**

## ***Parish Office***

**Mon to Fri: 9:00 a.m. - 3:00 p.m.**  
**1307 14 St SW Calgary AB T3C 1C6**  
**403-244-2741 ext. 101**  
**secretaries@sacredheartcalgary.ca**

# **“Friend, Lend Me Your Hands.”**

## **Fr. Rowel Jose (Arjay) Abanto**

Let us reflect on our gospel this 15th Sunday in Ordinary Time wherein Jesus is giving instructions to the twelve as he sends them out on their mission. There are two things that Jesus gave His disciples. First, he first called them and then he sent them out two by two and gave them authority as they went forth. Thereby we are reminded that coming to Jesus precedes going out in His name. The rhythm of the Christian life is summarized in the two words: 'Come' and 'Go.' We come in prayer and contemplation to the Lord in order to go out in loving service. As Jesus sends the disciples on their mission, he warns them about what to expect, that they will not always be accepted by the people. They have to remember that the message is not to be forced on people. Faith is always an invitation to believe, not a command that has to be obeyed. What is especially noteworthy of the instructions that Jesus gave to his disciples before he sent them, is that he does not mention anything of what they were to say, rather, he stresses the kind of lives they should live. What Jesus is thereby driving home is the fact that the witness of their life will be the greatest sermon they will ever deliver. He does not want professionals who have honed their skills but people who live what they believe. The disciples must give witness to their own faith by what they do, and what they hold precious, thus by their example they will lead people to the kingdom of God. At times we tend to avoid our responsibility to live our prophetic calling saying that we are not good speakers, that we do not have leadership qualities, and that we don't have any experience.

Second, why does Jesus tell the apostles to "travel light" with little or no provision? Poverty of spirit frees us from greed and preoccupation with our possessions and makes ample room for God's provision. The Lord wants his disciples to be dependent on him and not on themselves. He wills to work in and through each of us for his glory. The Lord entrusts us with his gifts and talents. Are you eager to place yourself at his service, to do whatever he bids you, and to witness his truth and saving power to whomever he sends you? My brothers and sisters, God needs us as we are, and where we are now, not our capabilities, and our future plans!

**Ad Maiorem Dei Gloriam! For the Greater Glory of God!**

Sources: [stories4homilies.blogspot.com](http://stories4homilies.blogspot.com); [www.dailyscripture.net](http://www.dailyscripture.net)



# Events at Sacred Heart

## Mount St. Francis 75th Anniversary – August 10–11

Celebrate Sacred Space is the theme chosen for the 2024 75th Anniversary Year at Mount St. Francis Retreat Centre.

This simple phrase succinctly describes Mount St. Francis as a space and place of peace, healing, and prayer. It speaks to the invitation of The Mount and retreats offered as a way of drawing closer to God, to find joy and clarity while growing spiritually and emotionally. The gifts of finding community and support are also sacred connections.

To celebrate is an imperative and honors the history of the past 75 years and is ongoing as we look ahead to how this sacred space will continue to invite people to peace, healing, and prayer.



[mountstfrancis.ca](http://mountstfrancis.ca)

## SAVE THE DATE



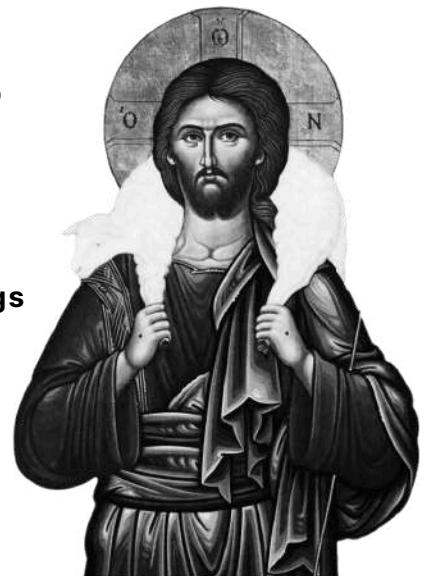
**Volunteer**



## - 80 % Participation Rate

Key dates for the Diocesan Renewal Initiative:

- Sep 14: Parish Teams - Diocesan Survey Results (Location TBA)
- Oct 4: 1st Anniversary - Diocesan Pastoral Renewal Launch
- Oct 8: Priest Study Days - Survey Analysis (Priests Only)
- Oct/Nov: Parish Teams - Develop Parish Renewal Plans (Based on Survey)
- Dec-Mar 2025: Parish Teams - Ongoing Meetings (Refine Renewal Plans)
- Dec 29: Jubilee Year Opens - Diocese of Calgary



# The Most Sacred Heart of Jesus Parish (Sacred Heart Parish - 1910)



**Original Church - 1910**

The early years of the Most Sacred Heart of Jesus Parish were marked by significant growth and development. In 1909, responding to the influx of residents in Calgary's west end, Bishop Legal tasked Father Jan with securing land for a new church. Shortly thereafter, sixteen lots were acquired, and a temporary two-story building was constructed. Officially named The Most Sacred Heart of Jesus Church, it opened for services in July 1910 with Father Nelz as the first resident pastor. The parish received formal recognition from Bishop Legal in June 1911.

Further developments included the formation of a Ladies' Altar Society in 1911 to maintain the church's aesthetics. Father Naessens replaced Father Nelz as pastor that same year. To improve living conditions for the clergy, a residence for a housekeeper was established shortly thereafter, ensuring meals were prepared for the priests. The church itself underwent improvements with the addition of heating and a dedicated choir platform. Notably, 1912 saw the opening of Sacred Heart School, staffed by the Ursulines de Jesus nuns. Plans for a permanent church building were also formulated during this period.

However, the path forward wasn't entirely smooth. Financial constraints led to the rejection of a proposed new rectory in 1913. Disagreements arose between the Bishop and the Oblates, ultimately resulting in the departure of the latter in 1915. Father Jan assumed a new position elsewhere, and Father Hetherington was appointed to lead the parish.